

## Discipleship Training Program

### Week 24 – Anger Management

**Week 24 Homework:** Read Psalm 118, 1 Chronicles chapters 13-29 & Ezekiel chapters 33-39

**Key Point:** Whosoever is angry with his brother without a cause ... Matthew 5:22

#### **Matthew 5:21-28**

21 "You have heard that the ( \_\_\_\_\_ ) were told, 'You shall not commit murder' and 'Whoever commits murder shall be liable to the court.'

22 **But I say to you** that everyone who is ( \_\_\_\_\_ ) with his brother shall be guilty before the court; **and whoever says** to his brother, 'You good-for-nothing,' shall be guilty before the supreme court; **and whoever says**, 'You fool,' shall be guilty enough to go into the fiery hell.

23 **Therefore** if you are presenting your ( \_\_\_\_\_ ) at the altar, and there remember that your brother has something against you,

24 leave your ( \_\_\_\_\_ ) there before the altar and go; first be reconciled to your brother, **and then come** and present your offering.

25 Make ( \_\_\_\_\_ ) quickly with your opponent at law while you are with him on the way, so that your opponent may not hand you over to the judge, and the judge to the officer, and you be thrown into prison.

26 **Truly I say to you**, you will not come out of there until you have paid up the last cent.

27 "You have heard that it was said, 'You shall not commit ( \_\_\_\_\_)';

28 **but I say to you** that everyone who looks at a woman with ( \_\_\_\_\_ ) for her has already committed adultery with her in his heart.

#### **Psalms 4**

1 Answer me when I call, O God of my ( \_\_\_\_\_ )!

You have relieved me in my distress; Be gracious to me and hear my prayer.



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2 O sons of men, how long will my honor become a reproach? **How long will you love what is worthless** and aim at ( \_\_\_\_\_ )? Selah.

3 But know that the **Lord has set apart** the ( \_\_\_\_\_ ) man for **Himself**; The Lord hears when I call to Him.

4 ( \_\_\_\_\_ ), and do not sin; ( \_\_\_\_\_ ) in your heart upon your bed, and be still. Selah.

5 Offer the sacrifices of righteousness, And ( \_\_\_\_\_ ) in the Lord.

6 Many are saying, "Who will show us any good?" Lift up the ( \_\_\_\_\_ ) of Your countenance upon us, O Lord!

7 **You have put gladness in my heart**, More than when their grain and new wine abound.

8 In ( \_\_\_\_\_ ) I will both lie down and sleep, For You alone, O Lord, **make me to dwell in safety**.

### Romans 6:4-14

4 Therefore we have been **buried with Him** through ( \_\_\_\_\_ ) into death, so that as Christ was raised from the dead through the glory of the Father, so we too might **walk in newness of life**.

5 For if we have become united with Him in the likeness of His ( \_\_\_\_\_ ), certainly we shall also be in the **likeness of His resurrection**,

6 knowing this, that **our old self was crucified with Him**, in order that our body of sin might be done away with, so that we would no longer be slaves to ( \_\_\_\_\_ );

7 for he who has died is freed from ( \_\_\_\_\_ ).

8 Now if we have died with Christ, we believe that we shall also ( \_\_\_\_\_ ) with Him,

9 knowing that Christ, having been raised from the ( \_\_\_\_\_ ), **is never to die again**; death no longer is master over Him.

10 For the death that He died, **He died to** ( \_\_\_\_\_ ) **once for all**; but the life that He lives, **He lives to God**.

11 Even so consider yourselves to be dead to ( \_\_\_\_\_ ), but alive to God in Christ Jesus.

12 Therefore do not let ( \_\_\_\_\_ ) reign in your mortal body so that you **obey its lusts**,



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13 and do not go on presenting the members of your body to (\_\_\_\_\_) as instruments of unrighteousness; but **present yourselves to God as those alive from the dead**, and your members as instruments of righteousness to God.

14 For (\_\_\_\_\_) shall not be master over you, for you are not under law **but under grace**.

### **Genesis 6:5-6**

5 Then the Lord saw that the (\_\_\_\_\_) of man was great on the earth, and that **every intent of the thoughts of his heart was only evil continually**.

6 The Lord was (\_\_\_\_\_) that He had made man on the earth, and **He was grieved in His heart**.

### **Judges 2:18-22**

18 When the Lord raised up judges for them, the Lord was with the judge and delivered them from the hand of their enemies all the days of the judge; for the Lord was moved to (\_\_\_\_\_) **by their groaning because of those who oppressed and afflicted them**.

19 But it came about when the judge died, **that they would turn back and act more corruptly than their fathers**, in following other gods to serve them and bow down to them; they did not abandon their practices or their (\_\_\_\_\_) ways.

20 So the (\_\_\_\_\_) of the Lord burned against Israel, and He said, "Because this nation has transgressed My covenant which I commanded their fathers and **has not listened to My voice**,

21 **I also will no longer** (\_\_\_\_\_) out before them any of the nations which Joshua left when he died,

22 in order to (\_\_\_\_\_) Israel by them, whether they will keep the way of the Lord to walk in it as their fathers did, or not."



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### Malachi 3:5-7

5 "Then I will draw near to you for judgment; and I will be a swift witness against the sorcerers and against the adulterers and against those who swear falsely, and against those who oppress the wage earner in his wages, the widow and the orphan, and those who turn aside the alien and do not ( \_\_\_\_\_ ) Me," says the Lord of hosts.

6 **"For I, the Lord, do not change;** therefore you, O sons of Jacob, are not consumed.

7 "From the days of your fathers **you have turned aside from My statutes** and have not kept them. ( \_\_\_\_\_ ) to Me, **and I will return to you,**" says the Lord of hosts. "But you say, 'How shall we return?'

### Isaiah 55:1-9

1 "Ho! Every one who thirsts, come to the ( \_\_\_\_\_ ); And you who have no money come, buy and eat. Come, buy wine and milk Without money and without cost.

2 "Why do you spend money for what is not bread, And your wages for what does not satisfy? **Listen carefully to Me,** and eat what is ( \_\_\_\_\_ ), And delight yourself in abundance.

3 **"Incline your ear and come to Me.** Listen, that you may ( \_\_\_\_\_ ); And I will make an **everlasting covenant** with you, According to the faithful mercies shown to David.

4 "Behold, I have made him a ( \_\_\_\_\_ ) to the peoples, A leader and commander for the peoples.

5 "Behold, you will call a ( \_\_\_\_\_ ) you do not know, And a nation which knows you not will run to you, **Because of the Lord your God, even the Holy One of Israel; For He has glorified you.**"

6 ( \_\_\_\_\_ ) the Lord while He may be found; **Call upon Him while He is near.**

7 Let the wicked forsake his way And the unrighteous man his thoughts; **And let him return to the Lord,** And He will have ( \_\_\_\_\_ ) on him, And to our God, **For He will abundantly pardon.**

8 **"For My thoughts are not your thoughts,** Nor are your ways My ways," declares the Lord.

9 "For as the heavens are higher than the earth, So are My ( \_\_\_\_\_ ) higher than your ways And My thoughts than your thoughts.